

# **FAIRFAX SPORTSPLEX ADULT INDOOR RULES AS OF SEPTEMBER 16, 2006**

- 1. FIFA laws will be used except as specifically modified by the Fairfax Sportsplex.**
- 2. The Referees calls on the field are FINAL and not open for debate or discussion.**
- 3. Slide tackling and body charges are forbidden. You may not play the ball while lying, kneeling, or crouching on the ground. A player laying on the ball is to be called for dangerous play and a kick awarded to the other team. The keeper may slide to block the ball while in the box. Safety of the keeper will be considered first in all charges and tackles in the box.**
- 4. FIFA's pass back rule to the goalkeeper is in effect. The keeper may only handle the ball with the feet on a direct or controlled pass back off the foot from their team.**
- 5. The keeper may not kick, throw, or drop-kick the ball over the half-field line once it has been handled. The ball must be placed, rolled, or bounced 2 times to be played over half. The keeper may dribble the ball into the box and pick it up as long as it was not a pass back from his team. The keeper has 5 seconds before the opponent is allowed in the box.**
- 6. The ball is out when it hits the net. A free kick is awarded at no more than 1 yard away from the wall at the point where the ball went out of bounds. If it is along the back wall either a goal kick or a corner kick are awarded. A goal kick must be placed on the smaller box inside the goal box and a corner kick is taken from on top of the white spot in the corner.**
- 7. A distance of three yards away from the ball is required for defending a free kick. Players must request the space for the referee to enforce the rule.**
- 8. A goal kick may not travel over the half line unless it is deflected off a player or wall.  
A goal may not be scored from over half line unless deflected off a player. The wall does not count as a touch.**
- 9. All free kicks are indirect unless a penalty kick is awarded. Penalty kicks are taken from the top of the penalty box. One foot is stationary on the line next to the ball, the other takes the kick. The kick must be one continuous movement without pause. The kick will be started by the ref's whistle and FIFA follow up is allowed.**
- 10. The kickoff may travel backwards. Game consists of two 25 minute halves. The clock runs for injury time.**
- 11. The team listed first on the schedule is the home team and will change shirts in case of a conflict.**

12. Substitutions are made on the iflyâ Referees permission is not required. Players should meet at the door. Too many players will result in a free kick to the other team and a yellow card can be used if the situation calls for it.
13. BLUE CARD is a warning. Player must leave the field for 2 minutes, but team may substitute. YELLOW CARD player must sit out 2 minutes and team plays short regardless of any goals RED CARD player must sit out rest of game and all games at the Sportsplex for 1 week. A longer suspension may be imposed by management.
14. Team reps are responsible for the behavior of spectators and players. You may receive a card for inappropriate behavior of any persons on your team or watching your team. In addition if the situation warrants it the ref or management may end the game for the safety of all.
15. Team reps are responsible for players knowing the rules. Displays of temper or dissent are cause for ejection from the game and possibly the Sportsplex. Anyone starting or retaliating in a fight will be red carded and suspended as determined by the management.
16. Any verbal abuse or comments of a racial or nature directed at the Referee, Staff, or players will result in a red card and suspension for 1 - 2 weeks from ALL Sportsplex Activities.
17. There is no spitting of nose blowing allowed on the fields or floors. There referee will card this during the game.
18. Adults -- NO CLEATS are allowed. No excuses !!!!  
No exceptions!!!!
19. There is a 5 minute grace period before the game is declared a forfeit. The clock will be started at 2 minutes past the hour.
20. Any team picking up players not on the current roster on file may be given a forfeit for that game. Keep a copy of your roster with you at each game.
21. In the OVER 30 leagues, all players MUST carry a drivers license or other form of identification to prove age.
22. Please place trash in the trash cans provided. Respect your soccer facility !!!

## **LEAGUE RULES**

### **RULES FOR FORFEIT**

#### **FORFEIT**

**A 5 MINUTE GRACE PERIOD IS ALLOWED. The clock should be started BUT not until it is clearly on the hour of the game being played. The count MAY NOT be started before the hour.**

**PLEASE BE SURE THAT YOUR WATCH IS ACCURATE!!!!!!!!!!**

**7pm games should be granted an extra minute or two due to the possibility that there is traffic.**

#### **6V6 GAMES**

**Teams must field 4 players**

#### **5V5 games**

**Teams must field 4 players**

#### **COED LEAGUES**

**A team MUST have at least 1 female on the field or it is a forfeit**

**IF BOTH TEAMS ARE UNABLE TO FIELD 4 PLAYERS BOTH WILL RECEIVE A FORFEIT**

## **LEAGUE RULES**

#### **MEN OVER 30 WOMEN OVER 30**

**All players must be 30 years of age or older**

#### **COED OVER 30**

**Teams may have 2 players 28 years or older on their roster**

**All other players must be 30 years of age or older**

**All teams MUST have a copy of roster at all games. If roster is questioned and the team cannot provide it they WILL FORFEIT**

**Men may play for 1 team ONLY regardless of division.**

**Women may play for 1 team in each division. 1TEAM ONLY IN ANY DIVISION**

**MEN OPEN COED OPEN WOMEN OPEN**

**All players must be at least 16 years old.**

### **YOUTH LEAGUES**

**All players MUST wear shin guards. If there is a player without them they MUST leave the field until they put shin guards on.**

### **YOUTH RECREATION**

**Rules are the same as adults with these exceptions**

**SLAUGHTER RULE** Any team having a lead of 8 goals must take a player off the field.

**If both teams agree the losing team may add a player instead.**

**If the losing team scores several goals the revert back to normal numbers.**

**BALLS HITTING NET** Balls that hit the net up to the point at which the side nets join the ceiling net will be considered in play. Balls that hit the ceiling will be out and a free kick awarded.

**Balls that hit the net behind the goal will be considered out and either a goal kick or a corner kick will be awarded.**

**YOUTH TRAVEL** Rules are same as adults but they must wear shinguards